

Aids and appliances example list



Personal Independence Payment

This guide includes a list of examples of aids and appliances you may wish to consider using to help make some of your daily living or mobility activities more manageable.

If you do use an aid, points may be awarded if an aid or appliance is needed to carry out the activity. However, we suggest being clear about whether you still experience difficulties and to what extent when an aid or appliance is used.



It's important to understand that 'aid or appliance' has a particular definition for Personal Independence Payment (PIP) or Adult Disability Payment (ADP) purposes:

- A device to improve, provide or replace a physical or mental function
- Includes a prosthesis; and
- Does not include an aid or appliance ordinarily used by a person without a physical or mental condition which limits that person's ability to carry out daily living or mobility activities.

Please note that these are general examples of commonly available aids, and it's important to consult with healthcare professionals or disability support organisations for specific recommendations for your health condition.

Preparing food

- One-handed cutting boards
- Adaptive kitchen utensils with built-up handles, lighter weight
- Jar grips for easier opening
- Electric can openers
- Food portion control containers
- Adaptive peeler for fruits and vegetables
- Perching stool
- Visual reminders

Taking nutrition

- Plate guards or food bumpers
- Swivel spoons or forks for limited hand mobility
- Weighted cups or mugs for stability
- Fluid-restricted measuring containers
- Sippy cup lids for safer drinking
- Straw holders for positioning and managing straws

Managing therapy or monitoring a health condition

- Dialysis machine including storage and management of equipment
- Specialist diet or supplements for kidney-friendly diet
- Specialist dressings
- TENS machine to manage pain
- Medication reminder devices with alarms
- Dosage organisers with multiple compartments
- Pill splitters or crushers
- Insulin pen needles for easier injections
- Cooling pouches for medication storage

Washing and bathing

- Grab rails
- Bath step or half-step platforms
- Long-handled sponges or shower brushes
- Non-slip bathmats or strips
- Bath transfer benches for safer transfers
- Bathing aids for hard-to-reach areas like back scrubbers
- Shower wipes
- Dry shower caps

Managing toilet needs or incontinence

- Raised toilet seats with handles or armrests
- Toilet safety frames for extra support
- Incontinence pads
- Disposable underwear
- Bidet toilet seat attachments
- Toilet accessibility bars or grab rails
- Extending wiping aids

Dressing and undressing

- Buttoning aids or button hooks
- Shoehorns for easier footwear
- Dressing sticks for pulling up clothing
- Zipper pulls or zipper grips
- Elastic shoelaces or no-tie shoelaces

Communicating verbally

- Speech-to-text software or voice recognition applications
- Hearing aids

- Communication boards or picture-based communication systems
- Amplified telephones or phones with hearing aid compatibility
- Big button phones for easier dialling
- Symbol-based communication cards or keychains

Reading and understanding signs, symbols, and words

- Book holders or page magnifiers
- Reading stands for hands-free reading
- Large print playing cards or tactile playing cards
- Portable electronic magnifiers
- Braille books or audiobooks

Engaging with other people face-to-face

- Walking frames or rollators with seats
- Transfer wheelchairs for short-distance mobility
- Hearing amplifiers or personal sound amplification devices (PSADs)
- Portable ramps for accessibility
- Accessible seating cushions for added comfort
- Ear plugs

Making budgeting decisions

- Money handling devices for counting and organising banknotes
- Large-print cheque books
- Financial management apps or software for budgeting and tracking expenses

Moving around

- Wheelchair – self-propelled / attended
- Walking stick
- Travel stool
- Travel rollators or foldable walking frames
- All-terrain walkers or off-road rollators
- Wheelchair ramps for access to buildings
- Forearm crutches for improved stability
- Power-assist wheelchairs or electric wheelchairs
- Walking stick seats for periodic rest
- Transfer boards or sliding boards for smooth transitions