

Conduct Consent Form

Kidney Care UK Young Adult Weekend

Mount Cook Adventure Centre, September 5-8th 2025

To ensure the weekend is enjoyable and safe for all, please read this conduct policy carefully and sign it to confirm that you agree to the below:

Attendance and Participation

- Because there are a limited number of spaces available at the weekend, please confirm acceptance of your place as soon as possible after it is offered.
- If due to unforeseen circumstances you need to withdraw after accepting your place, please let us know as soon as possible so we can offer it to someone on the waiting list.
- The weekend is an opportunity for you to try different things and have new experiences. You will have plenty of choice in what to do but we also expect that you will participate as fully as possible.

Privacy and Respect

- All discussions with other young adults or Kidney Care UK volunteer staff during the weekend will remain confidential within the group.
Please note that there are some exceptions where Kidney Care UK staff are unable to keep information shared confidential. If we are aware that someone is in immediate danger, is at risk of serious harm, or a crime has been committed we have a responsibility to share this information with appropriate agencies. In these circumstances we will support the individuals involved, making sure they are aware of the actions we are taking.
- Listen to and respect the opinions of all young adults, Mount Cook staff and Kidney Care UK volunteers.
- Please remain indoors in the downstairs communal areas after midnight to help control noise and disturbance to those who are sleeping.
- Overnight accommodation will be in shared rooms with other young adults of the same sex.

Photos and Social Media

- Kidney Care UK intends to capture images during the weekend to use in future publications and materials. Formal media consent for this will be gained through your completion of the Kidney Care UK Media Consent form (see separate sheet).
- When taking personal photos and videos we ask that you consider that some attendees may not wish to be filmed, photographed or featured on social media, and to ask permission before taking pictures and sharing these online. Kidney Care UK has no control over images or video captured by attendees during the weekend.
- Please be respectful of the privacy of the Kidney Care UK staff and volunteers and refrain from contacting them via personal or private social media profiles.

Smoking and Alcohol

- Smoking and vaping is allowed only in the designated outdoors areas. Please do not smoke in any other areas.
- Drinking alcohol is allowed, however please be respectful of those who do not want to participate. We ask that you only drink in the evenings once all the activities are finished. Please be respectful and mindful of your own and other people's behaviour.
- Anybody drinking excessively will be asked to stop; if excessive consumption continues, they will be asked to leave the weekend for their own safety and that of others.
- It is Mount Cook's policy that only alcohol bought at the bar on site can be drunk on the premises. This means you cannot bring alcohol with you and drink it in the rooms/social areas.
- Anyone found to be in possession of or partaking in illegal substances will be reported to the police and asked to leave the activity weekend immediately.

Safety and Security

- Verbal or physical abuse or inappropriate behaviour towards other young adults or staff will not be tolerated.

- Theft or deliberate damage of any facilities or equipment during the weekend will not be tolerated.
- You may not invite friends/family to visit the centre during the weekend. Only registered young adults, Kidney Care UK volunteers and support staff can attend. Identity wristbands will be provided on arrival and must be worn throughout the weekend.
- You are responsible for all valuable items you bring with you. There are secure lockers available in all bedrooms (own padlocks required). Staff will not take responsibility for your personal items. Any instances of theft will be dealt with appropriately.
- Anybody found with weapons of any type will have them confiscated and will be asked to leave the weekend. All incidents involving a weapon will be reported to the police, as it is unlawful to carry a firearm, knife, pointed article or bladed weapon in a public place.

Health and Wellbeing

- Your health and wellbeing are your responsibility throughout the weekend. Please bring all the medications or treatment regimens you will need for the full weekend. We expect you to store, administer and dispose of correctly, any medication or medical equipment needed to ensure you remain in good health for the weekend (unless it has been agreed in advance that you require assistance with this).
- If you forget to bring your medications it will be your responsibility to get replacements, either by returning home to collect them or by having a friend or family member bring them to you at the venue.
- If it has been agreed for you to bring a carer with you, it will be your joint responsibility to ensure you are safe and well throughout the weekend.
- You are responsible for managing and undertaking your own peritoneal dialysis (CAPD or APD), or home haemodialysis (NxStage machine). A single room can be provided if available, or you will be able to share with another young person also dialysing during the weekend.
- All Mount Cook staff are first aid qualified and carry first aid kits. Volunteer staff also have a basic first aid kit available to use. There are several minor injury units nearby with the nearest kidney unit based in Sheffield. Volunteer staff who are also nurses or

doctors will not be providing medical cover or renal care during the weekend.

- To be as fit and well as possible during the weekend and to facilitate active participation in the activities on offer, all attendees are strongly encouraged to make sure they get enough sleep each night and get up with enough time to eat breakfast each morning.
- If you have any concerns about the health and wellbeing of any other young adults attending the residential weekend, please share these with your volunteer buddy or the Designated Lead or Deputy at the time.

Covid 19 Precautions

The Covid 19 Guidelines and Policy that you will need to follow to attend the residential weekend will be published in late August 2025, so that they reflect current guidelines.

This policy will give you full details of any Lateral Flow Tests (LFTs) to be done prior to the weekend. It will be sent to you by your allocated Volunteer Buddy who can guide you through your responsibilities and who will be able to answer any queries you have. Last year volunteer staff and all young adult attendees were only required to do one LFT prior to arrival at Mount Cook Adventure Centre.

Please check www.kidneycareuk.org/YAKG-2025 in late August to view the updated policy.

If you feel unwell or develop Covid symptoms during the weekend, you will be required to immediately isolate yourself and contact the Designated Lead for assistance. Volunteer staff will support you to adhere to the policy guidelines to keep you and the other attendees safe.



DECLARATION

I agree to adhere to the guidelines and rules stated in the Young Adult Weekend Conduct Policy and Covid Safety Policy.

I agree to check www.kidneycareuk.org/YAKG-2025 regularly for updates.

Failure to sign this form with your other documentation will mean we cannot offer you a place at the weekend.

Name:
Signature:
Date:

If you have any questions, please email us at mountcook@kidneycareuk.org.