

List of conditions, symptoms, and treatments

To help you to capture the conditions, symptoms, and treatments that are relevant to you, please use this list.

Common conditions

Chronic kidney disease conditions

Chronic kidney disease	Interstitial nephritis	Hypertensive nephropathy
Nephrotic syndrome	PKD (Polycystic kidney disease)	Cystic kidney disease
AKI (Acute kidney injury)		
Other _____		

Diagnosed stage

Stage 1-2 (eGFR 60-90)	Stage 3A (eGFR 45-59)	Stage 3B (eGFR 30-44)
Stage 4A (eGFR 15-29)	Stage 4B (eGFR <15)	Stage 5 (eGFR <15, end stage renal disease)

Common associated conditions

Diabetes mellitus	Diabetic nephropathy	Neuropathy
Retinopathy	Proteinuria	Hyperparathyroidism
Gastroparesis	Skin condition	Periodontal disease
Heart (Cardiovascular) disease	High blood pressure (Hypertension)	Low blood pressure (Hypotension)
Autoimmune disorders	Gum disease	Bone disease
Liver disease	High cholesterol	Mental health condition
Peritonitis	Frequent urinary tract infections (UTIs)	Frequent infections
Uraemia	Anaemia	Foot problems
Restless legs syndrome	Dialysis disequilibrium	Pulmonary oedema
Perimenopause		Hernia
Menopause		

Other relevant conditions: Please add any further details here

Common treatments

Medication for the management of:

Cardiovascular disease
Blood pressure control
Hormones

Anaemia
Cholesterol control

Diabetes
Transplant

Dialysis:

In-centre haemodialysis

Home haemodialysis

Peritoneal dialysis
Vascular access

Transplantation

Working kidney
Working pancreas
Other _____

Non-working kidney
Non-working pancreas

Diet and lifestyle changes

Dietary changes
Fluid restriction

Lifestyle modifications

Special / prescribed diet

Detail medications and treatments: Please add any further details here

Common symptoms

Physical symptoms

High blood pressure	Low blood pressure	Air hunger
Fatigue	Breathlessness	Frequent urination
Fluid retention	Physical weakness	Decreased urination
Swelling (oedema)	Chest pain	Increased thirst
Joint pain	Muscle cramps	Itching
Muscle pain	Muscle twitching	Difficulty breathing
Back pain	Abdominal pain	Fever
Reduced dexterity	Tremors	Skin rash
Reduced mobility	Changes to skin	Blood in urine
Irregular heartbeat	Nausea	Numbness in extremities
Restless legs	Vomiting	Tingling in extremities
Yellowing of the skin (Jaundice)	Dizziness	Frequent constipation
Headaches	Angina	Frequent diarrhoea
Sexual dysfunction	Loss of appetite	Amenorrhoea
Weight loss	Reduced mobility	Menorrhagia
Weight gain	Increased skin pigmentation	Hair loss
Sweating	Poor temperature control	Changes to vision
	Orthostatic hypertension	

Cognitive symptoms

Difficulty sleeping	Brain fog (cognitive dysfunction)	Memory problems
Change in sex drive (Libido)	Mental exhaustion	Slowed speech
Changes in appetite	Slowed thinking	Confusion
Changes in taste	Difficulty processing	Difficulty concentrating
Pill burden		

Emotional symptoms

Depression	Low mood	Anxiety
Mood swings	Increased irritability	Avoiding situations
Social isolation	Feeling afraid	Feeling apprehensive
Loss of interest or pleasure in things	Feeling worthless	Thoughts of self-harm
	Thoughts of suicide	

Detail symptoms: Please add any additional symptoms or further details here